Nick Gates '91, who founded Coaches Across Continents, works with coaches (above) and youths (at right) in Tanzania in 2009; (above right) varsity midfielder Adam Rousmaniere '10 also volunteered with the program last summer, in Malawi.

and female empowerment. CAC works with local programs for three years ("Hat Trick Initiatives"), offering sessions that last from two to 12 weeks a year, depending on each program's needs. The partner programs, often taking place after school, run year-round, usually a few practices a week, with CAC furnishing additional online mentoring.

The typical CAC day includes two three-hour sessions, often with 1,000 kids or more in attendance. CAC's coaches train and teach educational games to both the children and to the local coaches, who then incorporate the games into their own soccer programs. ("The model is really a 'train the trainers' program," says Deb Glazer, director of development and strategy for CAC. "We want the program to be sustainable.") "Condom tag" teaches about the dangers of HIV: if a player gets tagged, then he or she has HIV, too. The only way the rest can protect themselves is to "make good choices," by holding onto players who are the "condoms." In one conflict resolution game, teams of five try to place a ball on top of a cone, without talking or using their hands or feet. It's not easy; the kids must work together to do it. In all these games, soccer is a teaching tool. Says Gates, "The last thing we teach is football [soccer] itself."

In its first year, the organization worked with 3,000 kids—the next year, 30,000. In 2010, it expects to reach, through local coaches, 90,000 children in Kenya, Uganda, Malawi, Tanzania, South Africa, Zambia, and its first non-African venue, Haiti.

Several current Harvard players and recent alumni have invested summer-break time in joining Gates's humanitarian squad. "It's completely changed my perception of the world," says Adam Rousmaniere '10, a midfielder from Andover, Massachusetts. In 2009, he traveled to Malawi with the group and was struck by the enthusiasm of the kids. Some training sessions drew 900 youngsters who'd play on fields devoid of grass, strewn with broken bottles, needles, and rocks. "As a student in college, you hear all the time that there

Sports Wrap

Men's Rowing

The **heavyweights** capped another sterling season with an Eastern Sprints championship, defeating Princeton and Brown in the final. With a thunderous sprint, the undefeated **freshman** eight overtook Princeton by half a second and cemented Harvard's thirtieth Rowe Cup, symbolic of overall heavyweight supremacy, on Lake Quinsigamond.

The Crimson next recorded its seventh sweep in 10 years at the Harvard-Yale regatta. Following that, the varsity came fourth at the Intercollegiate Rowing Association regatta, behind California, Washington and Cornell in the final.

The **lightweight varsity** brought a 10-0 record to the Eastern Sprints; they were top-seeded but came second to Princeton, 2.5 seconds back in the final. The top-seeded **freshmen** likewise sported a 10-0 mark at Worcester, but Cornell edged the Crimson there by a bow ball, 5:48.454 to 5:48.782.

Women's Rowing

The **Radcliffe heavyweights** didn't make the grand final, but did win the petite final at the Eastern Association of Women's Rowing Colleges (EAWRC) regatta. The Black and White **lightweight varsity** took bronze at the race, their first medal there in four years.

Photographs courtesy of Nick Gates

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